

Retreat Registration – May 2019 Registration Details

Contact:
MensSpiritualJourneyRegistrar@gmail.com 216-426-5272

Mail: **Jeff Barbalics**
1424 West 81st Street
Cleveland OH 44102

Registration
\$225 by 4/15/2019 \$ _____
\$250 after 4/15/19 \$ _____
Installment plan available – inquire.
Register online: OhioIlluman.org

Less deposits you already made
\$ _____

Optional Contribution
Tax-deductible gift, if able,
to provide scholarships? \$ _____

TOTAL ENCLOSED \$ _____

Name _____

First name on nametag (if different) _____

Address _____

City/ST/ZIP _____

Telephone _____ - _____ - _____

E-mail _____

Check *or* AE MC VISA Diners
Expires __ / __

Name on Card _____

Card Number _____ - _____ - _____

3-digit code on back ___ or AE: 4 on front _____

Thanks to "National Fuse Products" for processing, which shows on your receipt.

Signature _____

Questions or concerns? Dietary issues?

Date and Time: Check-in beginning at 4 PM,
then Dinner 5:30 PM on Friday, May 17.
The retreat concludes at 4 PM Sunday, May 19.
Car pooling encouraged: ask if you need a ride.

Commitment to Entire Retreat: It is important
to commit to the entire retreat from beginning to
end. The delicate balance of trust and intimacy
are jarred by late arrivals and early departures.

**Fee: \$250 per man for room, meals, spiritual
guidance, materials.**

All reservations appreciated by 4/15/2019.

Contributions: The actual cost of the retreat
exceeds \$330 per man. Financial support by the
sponsors and fundraising allow us to charge a
reduced fee. If you can afford the full cost,
please consider making an optional contribution
to help some who cannot.

Payment: Please make checks payable to
"Northern Ohio Men's Spiritual Journey" with
memo "Retreat May '19".
(If you desire a tax deduction for an optional
contribution, make payable to "Ohio Chapter of
Illuman", same address.)

Cancellations: Full refunds will be made
until 4/8/19. 50% refunds until 4/21/19.
After then, funds have been committed.

Meals: If you have special dietary needs, please
indicate on your Registration or call.

Financial Aid: We do not want cost to prevent
any man from attending. Limited Scholarships
up to 50% of the fee are available – all held in
strict confidence. Please submit your this form
and a note requesting consideration.

Fathers and Sons: This retreat is especially
powerful for fathers and sons.

190207

"FRIENDSHIP: The Many Faces and Phases"

An Interfaith Retreat for Men

Presented by Northern Ohio Men's Spiritual Journey

Directed by Bill Appleton, M.A. of Kairos Consulting LLC (Cleveland)

Assisted by Arthur Bourgeois, Ph.D. (Chicago) and Jim Priolo, B.S. (Cleveland),



May 17 - 19, 2019

**Our Lady of the Pines Retreat Center
Fremont Ohio**

Invite a friend to register?

In Partnership with: Ohio Chapter of Illuman ~~ St. Malachi Parish ~~
Shem Center inspires and encourages Male Spirit-Cleveland events

Supported by: Basel Al-Aswad in memory of son Chris ~~
Dan, Beth, and Jacob Bartos Family ~~ Tom Bullock ~~
Cathy Jacob in memory of Bill Jacob

“FRIENDSHIP: The Many Faces and Phases”

An Interfaith Weekend Retreat ~ with Bill Appleton

An invitation to men to re-examine the space in their lives where real friendship could be: An experiential retreat that provides an opportunity to continue to grow as we explore friendship with Oneself, Spouse/Partner/Intimate Friends, Peers and others, and intimacy with God.

As social beings, capable of forming close bonds with each other, friendship comes in many forms, or stages. Yet some characteristics are common to each: trust, compassion, empathy, honesty, common interests, mutual respect, understanding, and affection are just some of the traits of true friendship. Enjoying each other’s company, the space to be “heard”, and support without judgment are things we as humans all need from each other. Studies clearly link ties to close friends with highest levels of happiness and mental and physical well-being.

Join us as we explore together this mysterious, wonderful, and at times, challenging area of life – friendship!

“Don’t walk in front of me... I may not follow
Don’t walk behind me... I may not lead
Walk beside me...just be my friend.”

– many attribute to Albert Camus
(but Google is *not* entirely sure!)

“Out beyond ideas of wrongdoing
and right doing there is a field.
I’ll meet you there.”

– Rumi
Jalāl ad-Dīn Muhammad Rūmī, 13th-century
Persian Sunni Muslim poet, jurist, scholar,
theologian, Sufi mystic.

We welcome all men from the diversity of ways men are men: all spiritual paths, all faith traditions, all ages, and all sexual orientations.

Northern Ohio

Men’s Spiritual Journey:

- believes maleness must be experienced and honored from within our gender.
- is based on deep heartfelt experience to help carry men to sometimes hidden places within themselves – places which are deeper than words alone.
- is interfaith, not based on shame-based religiosity but on a healthy spirituality. We welcome men of all spiritual paths and faith traditions as well as the spiritually homeless.
- is respectful, supportive, and dignifying – honoring all men, of all ages, rich or poor, gay or straight or bisexual. We are non-confrontational and empowering – both for a man’s personal journey and for his involvement in society.
- believes in the support of the integrated spiritual, physical, and emotional health of men – creating together the sacred space where our deepest selves can be revealed without fear of judgment or rejection, where inner wounds can be heard and healed, and where new directions can be explored.
- shares together the male rituals that connect us to our interdependence with the earth, one another, and the Creator.
- embraces heartfelt concern for one another’s fears and struggles and celebrates successes – honoring the diversity of spiritual paths men take, with the clear intention to serve one another as brothers, friends, and guides for life’s journey.

An Interfaith Experience

This retreat will tap into elements from a wide diversity of spiritual traditions – prayer, meditation, dance, art, deep-listening. Men of any faith tradition, spiritual path, age, race, or sexual orientation are welcome and will be respected. We believe one does not have to give up one’s own faith tradition to be blessed and enriched by the traditions of others.

Music is an important part of the weekend. If you have drums, other percussion, or other instruments you would bring, please do. It helps if we know ahead of time?

Do you know a man who might benefit? Share with him? Invite him? It is a sign of “friendship.”

Retreat Leader:

Bill Appleton, M.A. ~ Cleveland

As a consultant, facilitator, coach, educator, and project manager for near 20 years, Bill’s work supports organizations in the for-profit and not-for-profit sectors. Bill is the founder and Principal Consultant of Kairos Consulting LLC where he works with individuals, leaders, and teams in creating and facilitating experiences that help to actualize potential and achieve desired results. Bill has taught university courses in Introduction to Psychology, Multicultural Psychology, and Human Diversity and has facilitated hundreds of learning experiences on many topics.

Bill holds a Masters Degree in Psychology from Cleveland State University and a B.S. from Rutgers University. He is a Board Certified Coach (BCC), a Certified Diversity Professional (CDP), a Certified Serving Leader Strategic Advisor, and a qualified administrator of the Myers-Briggs Type Indicator® (MBTI).

Bill is a minister, member of the Board of Directors for It’s About Us (serving the LGBTQ community), past Secretary of the Circle of Directors for the Federation of Christian Ministries, former Governance Committee Chair of the Board of Trustees of Hitchcock Center for Women, and former member of the Board of Trustees of FutureChurch.

Support provided by:

Arthur Bourgeois Ph.D. ~ Chicago

Arthur is Emeritus Professor of Art History at Governors State University, University Park, Illinois, where he continues to research, publish, and teach non-western art. Additionally, he is an active studio artist, painting in oil both landscapes and biblical themes and enjoying world-wide travel. Arthur has been active in men’s work since 1998 both in the Chicago and Cleveland regions and has co-led an art-as-meditation experience for several of our men’s retreats. His interests include wilderness canoeing, fossil collecting, and gardening.

Jim Priolo, B.S. ~ Cleveland

Jim has been involved with spiritual retreats and the Dances of Universal Peace for about 15 years, specifically in the musician’s circle providing musical support through guitar and drums. Jim has served on the men’s retreat planning team, been our key musician, and co-led an art-as-meditation experience for several men’s retreats. Jim has extensive experience in teaching/tutoring and has worked to include Creative Arts in his lessons. Jim has also taught Guitar to a number of young beginners.