Retreat Registration – April 20'
★ Contact: MensSpiritualJourneyRegistrar@gmail.com 216-426-5
Mail: Jeff Barbalics
1424 West 81st Street
Cleveland OH 44102
□ Registration \$290 by 3/18/2018 \$310 by 4/1/2018 \$325 after 4/1/2018 Installment plan available. □ Registration \$
☐ Less deposits you already made \$
☐ Optional Contribution
Tax-deductible gift, if able, to provide scholarships?
TOTAL ENCLOSED \$
Name
First name for nametag (if different)
Address
City/ST/ZIP
Telephone
E-mail
□ Check <u>or</u> □ AE □ MC □ VISA □ Diners Expires/_
Name on Card
Card Number
3-digit code on back or AE: 4 on front Thanks to "National Fuse Products" for processing, which shows on your rec
Signature Questions or concerns? Dietary issues?

18 Registration Details

Date and Time: Check-in beginning at 4 PM, Dinner 5:30 PM on Friday, April 27. The retreat concludes at 4 PM Sunday, April 29. Car pooling encouraged: ask if you need a ride.

Commitment to Entire Retreat: It is important to commit to the entire retreat from beginning to end. The delicate balance of trust and intimacy are jarred by late arrivals and early departures.

Fee: \$310 per man for room, meals, spiritual guidance, materials.

All reservations appreciated by 4/1.

Contributions: The actual cost of the retreat exceeds \$340 per man. Financial support by the sponsors and fund-raising allow us to charge a reduced fee. If you can afford the full cost, please consider making an optional contribution to help some who cannot.

Payment: Please make checks payable to "Northern Ohio Men's Spiritual Journey" with memo "Retreat Apr '18".

(If you desire a tax deduction for an optional contribution, make payable to "Ohio Chapter of Illuman", same address.)

Cancellations: Full refunds will be made until 3/18/18. 50% refunds until 4/1/18. After then, funds have been committed.

Meals: If you have special dietary needs, please indicate on your Registration.

Financial Aid: We do not want cost to prevent any man from attending. Limited Scholarships up to 50% of the cost may become available – all held in strict confidence. Please submit your Registration and note requesting consideration.

Fathers and Sons: This retreat is especially powerful for fathers and sons.

Questions: Call Jim Priolo 216-903-7248 to discuss any concerns.

"Growing Toward Wholeness -Exploring the Four Male Archetypes"

An Interfaith Retreat for Men

Directed by Bill Appleton, M.A. of Kairos Consulting LLC (Cleveland) Assisted by Arthur Bourgeois, Ph.D. (Chicago), Jim Priolo, B.S. (Cleveland), and Paul Taylor, B.A. (San Francisco)



April 27-29, 2018 Our Lady of the Pines Retreat Center Fremont OH 43420

Invite a friend to register?

In Partnership with: Hope House of Prayer Ohio Chapter of Illuman St. Malachi Parish Supported by: Basel Al-Aswad in memory of son Chris Tom Bullock Cathy Jacob in memory of Bill Jacob Rich Murray Dick Schwertle Tom Stoddard Paul Taylor Bartos & Bartos Law National Fuse Products Ohio Chapter of Illuman The Friday morning Male Spirit Circle in memory of Rick Crow The men of the Thursday night Male Spirit Circle

"Growing Toward Wholeness – Exploring the Four Male Archetypes"

An Interfaith Weekend Retreat ~ with Bill Appleton

The **concept of archetypes** (male and female) has been around for millennia and most cultures have woven this concept into their traditions, rituals, literature, art, and mythology.

The word "archetype" derives from the Latin that roughly means "first-molded" and can be thought of as a pattern of behavior that is copied or as a constantly recurring symbol or motif.

In more recent years, the concept of archetypes has been applied to the field of psychology by the psychiatrist Carl Jung and others.

During this experiential retreat we will have the opportunity to reflect on how we as men can grow as we explore the four archetypes of King, Warrior, Magician, and Lover.

People tend to over-rely upon or emphasize one of the areas while leaving the others un(der)developed. We will examine the healthy and unhealthy (shadow) manifestations of each of the archetypes and what we can do to support ourselves and each other in our efforts toward wholeness.

"Everyone has been made for some particular work, and the desire for that work has been put in every heart."

Rumi

Jalāl ad-Dīn Muhammad Rūmī, 13th-century Persian Sunni Muslim poet, jurist, scholar, theologian, Sufi mystic.

"Let us not work to be sheltered from dangers but to be fearless when facing them."

 Rabindranath Tagore
 Indian polymath, reshaped Bengali literature, music, and Indian art – late 19th-early 20th centuries. We welcome all men from the diversity of ways men are men: all spiritual paths, all faith traditions, all ages, and all sexual orientations.

N.O. Men's Spiritual Journey:

- believes maleness must be experienced and honored from within our gender.
- is based on deep heartfelt experience to help carry men to sometimes hidden places within themselves – places which are deeper than words alone.
- is interfaith, not based on shame-based religiosity but on a healthy spirituality. We welcome men of all spiritual paths and faith traditions as well as the spiritually homeless.
- is respectful, supportive, and dignifying –
 honoring all men, of all ages, rich or poor, gay
 or straight or bisexual. We are nonconfrontational and empowering both for a
 man's personal journey and for his
 involvement in society.
- believes in the support of the integrated spiritual, physical, and emotional health of men – creating together the sacred space where our deepest selves can be revealed without fear of judgment or rejection, where inner wounds can be heard and healed, and where new directions can be explored.
- shares together the male rituals that connect us to our interdependence with the earth, one another, and the Creator.
- embraces heartfelt concern for one another's fears and struggles and celebrates successes – honoring the diversity of spiritual paths men take, with the clear intention to serve one another as brothers, friends, and guides for life's journey.

An Interfaith Experience

This retreat will tap into elements from a wide diversity of spiritual traditions – prayer, meditation, dance, art, deep-listening. Men of any faith tradition, spiritual path, age, race, or sexual orientation are welcome and will be respected. We believe one does not have to give up one's own faith tradition to be blessed and enriched by the traditions of others.

Retreat Leader: Bill Appleton, M.A. ~ Cleveland

As a consultant, facilitator, coach, educator, and project manager for nearly 20 years, Bill's work supports organizations in the for-profit and not-for-profit sectors. Bill is the founder and Principal Consultant of Kairos Consulting LLC where he works with individuals, leaders, and teams in creating and facilitating experiences that help to actualize potential and achieve desired results. Bill has taught university courses in Introduction to Psychology, Multicultural Psychology, and Human Diversity and has facilitated hundreds of learning experiences on many topics.

Bill holds a Masters Degree in Psychology from Cleveland State University and a B.S. from Rutgers University. He is a Board Certified Coach (BCC), a Certified Diversity Professional (CDP), a Certified Serving Leader Strategic Advisor, and a qualified administrator of the Myers-Briggs Type Indicator® (MBTI).

Bill is a minister of Hope House of Prayer, Secretary of the Circle of Directors for the Federation of Christian Ministries, member of the Board of Directors for It's About Us (serving the LGBTQ community), former Governance Committee Chair of the Board of Trustees of Hitchcock Center for Women, and former member of the Board of Trustees of FutureChurch.

Support provided by: Arthur Bourgeois, Ph.D. ~ Chicago

Arthur is Emeritus Professor of Art History at Governors State University, University Park, Illinois, where he continues to research, publish, and teach non-western art. Additionally, he is an active studio artist, painting in oil both landscapes and biblical themes and enjoying world-wide travel. Arthur has been active in men's work since 1998 both in the Chicago and Cleveland regions and has co-led an art-as-meditation experience for several of our men's retreats. His interests include wilderness canoeing, fossil collecting, and gardening.

Jim Priolo, B.S. ~ Cleveland

Jim has been involved with spiritual retreats and the Dances of Universal Peace for about 15 years, specifically in the musician's circle providing musical support through guitar and drums. Jim has served on the men's retreat planning team, been our key musician, and coled an art-as-meditation experience for several men's retreats. Jim has extensive experience in teaching/tutoring and has worked to include Creative Arts in his lessons. Jim has also taught Guitar to a number of young beginners.

Paul Taylor, B.A. ~ San Francisco Bay

Paul has been a student of personal growth and development for four decades and has been seriously dedicated to men's work for at least 25 years. Paul is a Mentored Dance Leader of the Dances of Universal Peace and has served on the planning team for several men's retreats. For Paul, men's work means discovering and cultivating, in oneself and other men, those traits and talents more specifically related to male humans. He believes the goal is to become empowered, responsible, and compassionate beings in a complex world.